



WATERFRONT NEIGHBOURHOOD CENTRE

Healing Harmonies in Dance & Movement

Every Wednesday 3-4 pm & Friday 3:30-4:30 pm

This new FREE project is open to all Seniors! Together we will explore creative dance, self expression, movement & choreography with Community Performances at the end of the project.

For more information contact Elizabeth: 416.392.1509 ext 327 | elizabeth@waterfrontnc.ca

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